

# UP THE CREEK

*The club known as "the Orange Army" where fun, support and equality are the foundations of its success*

## Marathon Series – Race 4 Lane Cove – Sunday 30<sup>th</sup> April 2017



Race 4 of the Paddle NSW Marathon series was held yesterday at Lane Cove. With a few out injured and a few away we took a gallant crew of Newy paddlers and all did very well indeed. Covering Divisions 12, 11, 10, 7, 6 and 5 we had the Orange Army spread around the river with Sally and Russell pulling a 2nd with Darrin Jenkins right on their tail for a third. Heidi Duncan improving every race coming third in her division and your truly placing third and another nomination for the Finding Nemo award.

Special mentions to Kerrell Hack in her 1st race in a TK1, out of the mirage and into a faster boat, Malcolm Lewis our more aged (like a good cheese or wine) member completing another 10klm marathon, Guy Holloway who stepped into a new boat on the day and as usual gave his all. Ian Davey who hasn't paddled for around a month managed a very credible position and as usual went out hard, Mark Bretag back in a single and flying the Orange flag proudly, Helen Mcnaughton out in the flash and paddling much stronger and last but definitely not least our young guppie Abbey, who had a mechanical in her boat at the start, borrowed a boat from Lane Cove Kayakers (thank you) started in her race in Div 11 and still managed a P.B, well done to all. Also big thanks to Cheryl and Charly for coming down and helping out even though they were injured and not paddling. Thanks very much for your support.





## Ironman Event – Port Macquarie – Sunday 7<sup>th</sup> May 2017

A big thank you to the 13 volunteers that went to the Port Macquarie Ironman last weekend to support Liz and John and raise valuable monies for our club.

Our job was to hand out drinks in the transition stage from the 3.8km swim to the 180km bike leg. We had 2,200 competitors running toward us listening to calls of "water", "endura" and much to their surprise "vodka", "beer", "gin" which bought a few

smiles to their tired faces.

Liz had a very difficult week leading up to the race and in 2 separate incidents broke 2 ribs and caused a hairline fracture to her left foot heel. Somehow, she competed, managed to beat the cut off for the bike leg by 15 min and then soldiered on for the 42 km run in the dark to finish at 11.15pm. This amazing feat was her 20th Ironman. Needless to say, she ended up in hospital and attended the presentation on crutches.

John on the other hand had no real misfortunes, finishing at 8.15pm to complete his 10th Ironman and join Liz in the legend status category.

What an awesome effort guys and we are so proud of what you achieved.

This is an amazing event that everyone should experience at least one time in their lifetime and will never be forgotten.

## Newy Paddlers 1<sup>st</sup> Birthday Celebrations – The Splash and Dash Saturday 13<sup>th</sup> May 2017



Thank you to all involved in our Birthday Celebration of the Newy Paddlers Club "Splash & Dash" event to help raise funds for our junior paddlers and to encourage local clubs and people to mix on and off the water. Go to the end to find out how much was raised.

We had a wonderful turnout with 40 paddlers comprising of 20 teams in a short course event. Sprinting 1klm then tagging with your partner for a total of 5klm each is much much harder than you think and with a few "upheavals" and very red complexions, all finished remarkably well considering the effort put in.

Thank you to Newcastle Outriggers, Lake Mac Sup Club and of course the "Orange Army" for competing in so many varying craft all with intent on competing at their highest level with a smile on their dial. Great sportsmanship, great competitive spirit and great people.

Thanks must be given to Newy Paddlers Events Committee and the committee itself, too many names to mention, you know who you are. The club is extremely fortunate to have such wonderful hardworking members. Also thanks to Wallsend Rotary Club for the BBQ, Newcastle Yacht Club for their safety boat and large turn Buoys, The coffee van (love you) Newcastle Dragon Boat Club and Newcastle Rowing Club plus Newy Park Run for allowing us time and space in a very busy area.

Time Keepers, Karen Forbes and Trevor Jordan, don't know how you did it, but as always you did. Thanks again from all of us, you two never stopped from registration to presentation.

Special thanks to our club president Margie Wade (The Big Kahuna) for MC on the day and of course our special guests, Peter Tate C.E.O from Paddle NSW, Sonia Hornery NSW State MP and last but not least Sharon Claydon Federal MP (and club Patron) who all gave up their valuable time to present medals and help Newy Paddlers celebrate their 1st Birthday.

Lastly, Newcastle City Council for the "Make Your Place Grant" which allowed us to provide amenities, equipment for the day and helping us by giving assistance in many different ways that only councils can do. Thank you very much indeed.

With very generous donations the club has managed to raise over \$2500. What can we say but thank you, there were so many that gave and a very special donation from one person (you know who you are) that was extremely generous indeed.

## Marathon Series – Race 6 Coffs Harbour – Saturday 3<sup>rd</sup> June 2017



Fantastic trip to Mylestom on the North Coast for race 6 of the Paddle NSW Marathon Series with another great contingent of 13 paddlers and two volunteers from Newy Paddlers.

Finally some points this week for the club with Darrin Jenkins blitzing 1st place in Div 10, Cheryl and Mark Bretag in third place in Div 10, Heidi Duncan 14th in Div 10, Abbey Phipps

6th place Div 11, Gay Robertson 7th place Div 11, Sally Verheul and Russell Brown 1st place in Div 9, Darren Forbes 2nd place in Div 7 Ian Davey (swamped by the rescue boat) 10th place Div 6, Marni Kay 11th place Div 6, Guy Holloway 7th place Div 5, Steve Brinkley 6th place Div 4. Karen Forbes and Charly Wellard helping out in time keeping with Anne Cowper, thank you very much for your time and efforts it is very much appreciated.

Thank you to Paddle NSW for the event along side Pacifica Canoe Club for staging the day, well done as always and looking forward again to this race next year.

Unfortunately there were no photos of all of our paddlers as Ian Wrenford (photographer) paddled in Div 10 but I do believe Renaye took some great pics on the day.

Well done Newy Paddlers for a great turn up and as always the nosiest and loudest club there, march on Orange Army, next stop Davistown. Everyone sing, won't you take me to.....Davistown won't you take me to.....Davistown.....

Hello fellow Newy Crew, a nice pic of our resident "Guppie" Abbey (Gidget) receiving her new Club paddle on race day last Saturday. Well earned by our young junior Abbey who has been training hard and improving constantly. The money for the paddles were raised at the Splash & Dash event.



## Marathon Series -Race 7 Davistown – Saturday 24<sup>th</sup> June 2017

Great day down at Brisbane Waters for the Paddle NSW Marathon Series last Saturday. Big turn out of Newy Paddlers with 20 going down to enjoy the days racing.

Not much to celebrate in the points score table, but Steve Brinkley managed a very credible 4th position in his division. Great effort by Darren Forbes, who had a swim on the final turn, but still managed to win Division 7.

Well done to all our competitors putting in a gutsy effort in sometimes challenging conditions. Good to see the "Ferry of Death" doing its job extremely well and offerings to the great Ferry wash Gods obviously didn't pay off.

Congratulations to Marni, Lindsay and Yvonne competing for Newy Paddlers for the 1st time, welcome aboard and I'm sure you have many races to come. Special mention to Ian Davey who after having car issues came late and still put in a gallant effort to finish the race, also the "Complete Package" Guy Holloway who with a busted up hand also completed the 20klm race. Newy Paddlers salute you.

As always, thank you to Brisbane Waters Club, Paddle NSW and the great band of volunteers that make the day.



## Marathon Series – Race 8 Narrabeen – Sunday 23<sup>rd</sup> July 2017



The Newy Paddlers had a great day down at Narrabeen for the Paddle NSW Marathon series. A great roll up with 23 paddlers including our 4 juniors. Talking of Newy "Guppies" congratulations to Maya, Nathan, and Bear for taking on their 1st race in some pretty choppy conditions. Well done young Newy Crew. Of course it would be an absolute atrocity to leave out Gidget who won her division on the weekend, well done Gidget.

A big big thank you to Charly for being "Mother Duck" on the day and ensuring all of our New Guppies made it home safely. We appreciate that you gave up a race for our juniors and it is members like you that makes a club strong. Thank you again.

We had a number of 1st places with Lindsay and Gidget, a third with the dynamic duo Russell and Sally, a third with (I can't believe I didn't fall in, but was hit by a dog on the lake Forbes) a fourth by Justin and also Cheryl and Mark and a fantastic effort by our other paddlers on the day.

Congratulations to Mark for arranging his birthday on a race day, Yvonne for trying in the worst conditions to finish her race with a broken rudder, Kerrell successfully moving up to a faster boat and staying in, Jack and Jenny (we love you two) for their 1st race for Newy and Helen for completing her race and just seconds under her PB who is now going up to Div 11. Also Malcolm (how smart was I paddling a mirage) for completing the race once again and always with a smile. Who can forget Marni (whoops I'm in a different division, what's my start time?) Kay for another gallant effort in her K1.

As usual thanks to Karen and all the other volunteers from Paddle NSW that make such a great race day, and of course thank you to Manly Kayak Club for staging another successful event and encouraging the "Wind Gods" to come along for the day.

## **Marathon Series – Race 9 Teralba – Saturday 5<sup>th</sup> August 2017**

Finally we had a close race at Teralba where travelling was not a 5am start. Hosted by Hunter Valley Paddle Sports Club and Paddle NSW a great day was ensured upon the waters of Cockle Creek.

Congratulations to Justin Borthwick 5th Div 2, Ian Davey 5th Div 6, Guy Holloway 6th Div 6, Charlene Wellard 11th Div 6, Marni Kay 1st Div 7, Darren Forbes 2nd Div 7, Jack Ward and Peter Mcgee 2nd Div 9, Steve Brinkley 3rd Div 9, Russell Brown and Sally Verhuell 4th Div 9, Lindsay Freeman 4th Div 10, Mark and Cheryl Bretag 13th Div 10, Abbey Phipps 1st Div 11, Heidi Duncan 3rd Div 11, Gay Robertson 12th Div 11 and Malcolm Lewis 13th in Div 11.

Well done everyone and it doesn't matter where you place, just as long as you're in the race.

Thank you to H.V.P.C for the day and of course the wonderful volunteers from Paddle NSW and the S.E.S. A special mention to Steve Dawson for the best dressed and brightest Newy Paddler on the day.

Next race is at Grays Point so get those entries in early and march on the Orange Army.....



With two races left in the Marathon Series (Grays Point 26 August and Burrill Lake 14 Oct) our club is punching way above its weight with 4<sup>th</sup> position and 154 points. Amazing what can be done by having fun, encouraging each other and passing on skills. No matter where we come, each and every one of you are winners and should be very proud of what has been achieved.

We have a big couple of months coming up in the calendar with 3 Rivers, Port Macquarie 20 August, Myall Classic, Tea Gardens 16 Sept, Hawkesbury Classic, Windsor 28-29 October and the commencement of our handicap race series, Throsby Creek so get those training gloves on and put some time on the water.

**Go the Orange Army!!!!!!**